



2024 WINTER INFORMATION BOOK



HILLS
orthodontics

stay safe

VALOUR



**Castle Hill
Volkswagen**

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2024 EXECUTIVE & COMMITTEE MEMBERS

POSITION	NAME	EMAIL
President	Lisa Robertson	president@hdnanetball.com.au
Vice President	Peter Holman	vicepresident@hdnanetball.com.au
Secretary	Lisette Smith	secretary@hdnanetball.com.au
Treasurer	Linda Wilton	treasurer@hdnanetball.com.au
Registrar - Senior Comp	Clare Ashpole	seniorregistrar@hdnanetball.com.au
Registrar - Junior Comp	Nicci Skene	juniorregistrar@hdnanetball.com.au
Night Comp Convenor	Sophie Koutchavlis	nightcomp@hdnanetball.com.au
Umpires Convenor - Senior	Kirsten Gossip	umpires@hdnanetball.com.au
Umpires Convenor - Junior	Madi Morris	umpires@hdnanetball.com.au
Rep Convenor - Senior	Jen Baker	seniorreps@hdnanetball.com.au
Reps Convenor - Junior	Margaret Coe	juniorreps@hdnanetball.com.au
Assistant Senior Registrar	Kate Roberts	seniorregistrar@hdnanetball.com.au
Assistant Junior Registrar	Lara Grant	juniorregistrar@hdnanetball.com.au
Assistant Junior Registrar	Lisa Richardson	juniorregistrar@hdnanetball.com.au
Asst Senior Reps Convenor	Lisa Wilmshurst	
Asst Junior Reps Convenor	Kate Roberts	
Carnival Convenor	Dom Newman	carnivals@hdnanetball.com.au
Net Set Go Coordinator	Di Benham	
Asst NSG Coordinator	VACANT	
NSG Umpires Convenor	Hannah Ashpole	umpires@hdnanetball.com.au
Asst Night Comp Convenor	Jess Kajons	nightcomp@hdnanetball.com.au
Coaching Co-ordinator	VACANT	
Media Coordinator	Dom Newman	media@hdnanetball.com.au
All Stars Coordinator	Emerald Murray-Joseph	allabilities@hdnanetball.com.au
Uniform & Equipment	Olivia Charlton	equipment@hdnanetball.com.au
NNSW Delegate	Lyn Burgess OAM	
BBQ Co-ordinator	VACANT	

2024 CLUB CONTACTS

CLUB & POSITION	NAME	CONTACT
Asquith Magpies		
Secretary	Angela Thomas	secretaryamnc@gmail.com
Umpires Convenor	Samantha Munkman	umpiringamnc@gmail.com
Beecroft		
Secretary	Tamara Leone	beecroftnetball@gmail.com
Umpires Convenor	Nicole Tyzack	beecroftnetballumpires@gmail.com
Carlingford		
Secretary	Louisa Cricchiola	secretary.carlonetball@gmail.com
Umpires Convenor	Jess Kajons	phnc.umpiring@gmail.com
Cherrybrook		
Secretary	Nataschia Buitendag	secretary@cherrybrooknetballclub.com.au
Umpires Convenor	Mia La Torraca	cherrybrookumpires@gmail.com
Dural Warriors		
Secretary	Ashley Sheppard	aroberts@thecentredural.org.au
Umpires Convenor	Abby Seamons	duralwarriorumpires@gmail.com
Galston		
Secretary	Christine Gillies	secretary.galstonnetballclub@gmail.com
Umpires Convenor	Mia La Torraca	galstonumpires@gmail.com
Hornsby Lions		
Secretary	Justine Atherton	secretary.hornsbylions@gmail.com
Umpires Convenor	Catherine Van Akker	umpires.hornsbylions@gmail.com
Loreto Normanhurst		
Secretary	Taylor Callaghan	tcallaghan@loretonh.nsw.edu.au
Umpires Convenor	Tracey Hartshorne	lumpires@gmail.com
Normanhurst		
Secretary	Emma Veale	normonetball@gmail.com
Umpires Convenor	Eliza Brown	normoumpires@gmail.com
North Rocks		
Secretary	Talya Turvey	nrcsecretary@gmail.com
Umpires Convenor	Ros Miller	ros.mark@optusnet.com.au
Pennant Hills		
Secretary		pennanthillsnetballclub@gmail.com
Umpires Convenor	Jess Kajons	phnc.umpiring@gmail.com
Ryde Sapphires		
Secretary	Karyn West	kwest@parra.catholic.edu.au
Umpires Convenor	Toni Bauer	toni.bauer@outlook.com.au
St Agatha's		
Secretary	Fiona Hall	stagathasnetballsecretary@outlook.com
Umpires Convenor	Paulette Richards	paulette.richards@lendlease.com.au
Tangara		
Secretary	Sarah Cullen	netball@tangara.nsw.edu.au
Umpires Convenor	Sarah Cullen	netball@tangara.nsw.edu.au
Thornleigh		
Secretary	Rima Elsom	thornleighnetballclub@gmail.com
Umpires Convenor	Clare Ashpole	thornleigh.umpires@gmail.com
Wahroonga Prep		
Secretary	James Kennedy	wpsport@wahroongaprep.nsw.edu.au
Umpires Convenor (NSG)	James Kennedy	sport@wahroongaprep.nsw.edu.au
West Pennant Hills		
Secretary	Erin Fox	secretary.wphnetball@gmail.com
Umpires Convenor	Rosalie Wilmshurst	juniorumpiring.wphnetball@gmail.com

HDNA MEMBER PROTECTION

Netball Australia, Netball NSW and HDNA seek to provide a safe, fair and inclusive environment for everyone involved in netball. HDNA seeks to abide by the Netball NSW Member Protection Policy, examples of which include Codes of Behaviour; Anti-Discrimination, Bullying & Harassment; Working with Children and Photography policies. These policies, expected code of conduct and grievance processes are available on the HDNA website under Policies. Any concerns or questions should be raised to Executives on duty, our MP Officers, Jennie Thompson or Peter Holman or to admin@hdnanetball.com.au.

Netball NSW General Code of Behaviour

- 6.1. Respect the rights, dignity and worth of all people involved in Netball regardless of their gender, ability, cultural background, religion or any other personal characteristic.
- 6.2. Be ethical, fair, considerate and honest in all dealings with others.
- 6.3. Make a commitment to providing a quality service.
- 6.4. Operate within the rules and spirit of Netball including national and state guidelines, and policies which govern Netball NSW and Affiliates.
- 6.5. Do not use your involvement with Netball to promote your own beliefs, behaviours or practices where these are inconsistent with those of Netball NSW or Affiliates.
- 6.6. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example and they can be easily influenced.
- 6.7. Always place the safety and welfare of children above other considerations.
- 6.8. Avoid unaccompanied and unobserved activities with persons under 18 years of age, whenever possible.
- 6.9. Comply with all relevant Australian laws (Commonwealth and State), particularly anti-discrimination, occupational health and safety and child protection laws.
- 6.10. Refrain from any behaviour that may bring Netball NSW or Affiliates into disrepute.
- 6.11. Provide a safe environment for the conduct of Netball Activities.
- 6.12. Show concern and caution towards others who may be sick or injured.
- 6.13. Be a positive role model.
- 6.14. Be responsible and accountable for your conduct.
- 6.15. Abide by the relevant Netball NSW role-specific codes of behaviour and understand the consequences if you breach or are aware of any breaches of this Code of Behaviour.

Netball NSW Photography Policy

This Policy addresses the acquisition and display of images of registered Members, including Children and Young People, participating in Netball Activities throughout NSW. It also serves as an administrative reference in relation to the management of photography and videography by any person at Netball NSW and Affiliate Netball Activities.

Most people taking images at sporting events are doing so for acceptable reasons and are using appropriate methods, for example, a parent videoing their child at a sports presentation, grandparents photographing their grandchild on the field during play or a professional photographer taking photos for a club. This may also include Participants and administrators taking images for coaching purposes, umpire development or general publicity.

This Policy sets out Netball NSW's position in relation to the capturing of images and recordings of both Adults and Children at all Netball Activities. This Policy also provides some guidance for Affiliates around handling situations where Members do not wish to be (or cannot be) photographed.

The complete policy can be found on the HDNA website under [Policies](#).

COUNCIL MEETINGS

There will be three council meetings held in 2024 on the following dates:

- Wednesday 24 April starting at 7pm
- Wednesday 21 August starting at 7pm
- Saturday 16 November starting at 9am, immediately followed by the HDNA AGM

All Council meetings are held at the Pennant Hills Netball Courts, Britannia Street, Pennant Hills. It is a requirement for all clubs to have a delegate present for the entirety of the meeting.

EXECUTIVE MEETINGS

Executive meetings are *generally* held on the second Thursday of each month. Meeting dates can be found on the HDNA calendar, viewable on the website under Policies in the main menu. All correspondence should be directed to the HDNA Secretary (secretary@hdnanetball.com.au) and received no later than 3pm on the day of the meeting. An individual member should not forward correspondence without a covering letter from the Club concerned.

GENERAL INFORMATION

PLAYING – Woolworths NetSetGO

A complete set of guidelines for NetSetGO can be found on the HDNA website under Competitions in the main menu.

Late Registrations will be accepted by the HDNA Junior Registrar up to 4pm on the Thursday preceding the day of play, with the exception of the first game of the season where registrations are only accepted at late registration night.

Forfeits and Withdrawals – Best endeavours should be made to give as much notice as possible to minimise impact to the opposing team and umpires.

Forfeits should be received by 7pm on the day PRECEDING play ie 7pm Thursday for NSG.

The Club Secretary of a team who needs to forfeit a game must notify:

- forfeits@hdnanetball.com.au
- the opposing team's Club Secretary
- their own and the opposing team's Umpire Convenor

All email addresses are at the front of this book.

Borrowing players

Notwithstanding the Borrowing Rules as listed below under Junior Teams, players are permitted to interchange in that same grade and same division, or they can borrow from teams in a lower/younger grade. For further information - see NetSetGO Guidelines.

Fixtures

Season fixtures can be viewed at the HDNA website www.hdnanetball.com.au. PlayHQ also has fixtures, results and ladders at playhq.com.

PLAYING – JUNIOR TEAMS, 10 YEARS & ABOVE

Late Registrations will be accepted by the HDNA Junior Registrar up to 4pm on the Friday preceding the day of play, with the exception of the first game of the season where registrations are only accepted at late registration night.

Forfeits and Withdrawals – Best endeavours should be made to give as much notice as possible to minimise impact to the opposing team and umpires.

Forfeits should be received by 7pm on the day PRECEDING play ie 7pm Friday.

The Club Secretary of a team who needs to forfeit a game must notify:

- forfeits@hdnanetball.com.au
- the opposing team's Club Secretary
- their own and the opposing team's Umpire Convenor

All email addresses are at the front of this book.

Borrowing players

1. A minimum of 5 players can take the court – 3 must be from the registered team. A maximum of 3 players may be borrowed in any one game from a lower age or division. All borrowed players must note their team on the score sheet.
2. If 7 original team members are available, you may **not** borrow from another team.
3. If an original team member becomes ill or injured and is unable to continue play, and there is no other member available from that team, then a player from another lower age division or grade may be borrowed. (i.e. if the team has 8 players and one becomes injured or ill, the reserve must take the court. If there are only 7 players available and one becomes ill or injured, then a player may be borrowed from lower age division or grade). In the event the player recovers and is able to play, the borrowed player must be replaced and leave the court.

If a player is borrowed for six (6) games in a higher grade or division, that player becomes ineligible to play again for their initial registered team and shall be considered a member of one of the higher graded teams for which they were borrowed (team chosen at Club's discretion).

A player may play in a maximum of three (3) HDNA competition games on the same day; with the exceptions of:

- a. 14 and 15 year HDNA Club players who are playing as a team in the Senior competition and with another Club in the Junior competition. These players can only play in the two teams they are registered with, and cannot be borrowed (this includes Semi Finals, Finals and Grand Final).
- b. 12 and 13 year HDNA Club members who are playing as a team in the Junior competition and with another Club in the Junior competition. These players can only play in the two teams they are registered with and cannot be borrowed (this includes Semi Finals, Finals and Grand Finals).

Fixtures

Season fixtures, results and ladders can be viewed from the HDNA website at www.hdnanetball.com.au. PlayHQ also has fixtures, results and ladders at playhq.com.

Finals

In order to participate in the final series, the player must have played a minimum of three (3) games in their current registered team that is competing in the final series.

PLAYING - SENIOR TEAMS

Late Registrations will be accepted by the HDNA Senior Registrar up to 4pm on the Friday preceding the day of play, with the exception of the first game of the season where registrations are only accepted at late registration night.

Forfeits and Withdrawals – Best endeavours should be made to give as much notice as possible to minimise impact to the opposing team and umpires. **Forfeits should be received by 7pm on the day PRECEDING play ie 7pm Friday.**

The Club Secretary of a team who needs to forfeit a game must notify:

- forfeits@hdnanetball.com.au
- the opposing team's Club Secretary
- their own and the opposing team's Umpire Convenor

All club email addresses are at the front of this book.

Borrowing players

1. A minimum of 5 players can take the court – 3 must be from the registered team. A maximum of 3 players may be borrowed in any one game from a lower age or division. All borrowed players must note their team on the score sheet.
2. If 7 original team members are available, you may not borrow from another team.
3. If an original team member becomes ill or injured and is unable to continue play, and there is no other member available from that team, then a player from another lower age division or grade may be borrowed. (i.e. if the team has 8 players and one becomes injured or ill, the reserve must take the court. If there are only 7 players available and one becomes ill or injured, then a player may be borrowed from lower age division or grade). In the event the player recovers and is able to play, the borrowed player must be replaced and leave the court.

Cadet Competition

A player may be borrowed by a cadet team:

1. If they play in a lower graded cadet team
2. If they play in a Junior team
3. If they play in a lower graded Senior team, provided that they are 19 years or younger in the year of play.

If a player is borrowed for six (6) games in a higher grade or division, that player becomes ineligible to play again for their initial registered team and shall be considered a member of one of the higher graded teams for which they were borrowed (team chosen at Club's discretion).

Fixtures

Season fixtures, results and ladders can be viewed at the HDNA website www.hdnanetball.com.au.
PlayHQ also has fixtures, results and ladders at playhq.com

Finals

To participate in the final series, the player must have played a minimum of three (3) games in their current registered team that is competing in the final series.

2024 Senior Teams appear in the following order:

A1, A2, B1, B2, Cadet 1, B3, Cadet 2, C1, Cadet 3, C2, Cadet 4 and Cadet 5.

OTHER IMPORTANT INFORMATION

FIXTURES & RESULTS

Season fixtures, results and ladders can be viewed at the HDNA website www.hdnanetball.com.au
PlayHQ also has fixtures, results and ladders at playhq.com.

2024 RULES OF NETBALL, WHISTLES & STRAPPING TAPE

The Official Rules of Netball are available to purchase from Central Control for \$25.00 or can be viewed on the HDNA website under Competitions in the main menu. Whistles and strapping tape can also be purchased at Control.

ADVERSE WEATHER

Please see HDNA's Adverse Weather Guidelines on the website under Competitions. Play will continue through light rain or a passing shower, even if that shower is heavy. Unless receiving notification that the night or day is cancelled, players should be prepared to attend the court, ready to play. Notification of cancellation will be via the HDNA website and social media.

JEWELLERY & HAIR

In line with the 2024 INF Rules of Netball, Rule 3, 12, players may not wear anything that could endanger themselves or other players, specifically:

- a. No body piercings including earrings may be worn.
- b. No adornment that may endanger player safety may be worn.
- c. No communication devices may be worn.
- d. Any other adornment worn must be securely covered with tape and/or padding.
- e. Medical devices may be worn provided they are securely covered with tape and/or padding.
- f. Player monitoring devices may be worn provided they are secured within the playing uniform.
- g. Fingernails must be short and smooth.
- h. Hair must be suitably tied back (for example in a ponytail, plait or braided) and free from any adornment.

The Umpires Committee and Junior / Senior Registrar should be notified if a medical alert bracelet is to be worn.

LOST PROPERTY

Articles of clothing and any incidentals of little value are held at Central Control. Any items of value are held for a short period of time and then forwarded to Pennant Hills Police Station. Clothing, if not claimed by the end of the season, is washed and forwarded to a local charity.

LITTER, SMOKING & VAPING

It is the responsibility of the Association's members to see that litter is placed in the garbage bins provided around the courts. Managers are requested to ensure that their teams remove litter from the courts after their game, particularly, orange peels and drink containers. Section 6A of the *Smoke-free Environment Act 2000* prohibits smoking and vaping at all spectator areas of sports grounds, including indoors, during an organised sporting event.

INCIDENT REPORTING

HDNA has introduced the [On-Court Issue Resolution Framework](#) to provide support designed to de-escalate and manage on-court issues. All clubs are required to read through this Framework to understand the process for incident reporting. If you experience any incidents or have concerns on or around the court, please approach Control immediately so that the game can be observed at the time of the incident. Then, please follow the steps outlined in the Framework.

GAMES WITHOUT AN UMPIRE

Junior and Winter competition games cannot commence until two umpires are present at the court. HDNA Control will notify teams if they do not have an umpire signed on for the game prior to the buzzer. It is the responsibility of the team to find an umpire, such as taking a player off the court or finding a friend who is already at the complex. Alternatively, unfortunately the team might have to forfeit the game and may be fined in accordance with the HDNA By Laws depending on the circumstances. More information can be found in the Umpires Handbook on the website.

KEY DATES

Round	Match	Date
1	1	Friday 3 May & Saturday 4 May
	2	Friday 10 May & Saturday 11 May
	3	Friday 17 May & Saturday 18 May
	4	Friday 24 May & Saturday 25 May
	15*	Friday 24 May
	5	Friday 31 May & Saturday 1 June
	6	Friday 14 June & Saturday 15 June
2	7	Friday 21 June & Saturday 22 June
	8	Friday 28 June & Saturday 29 June
	9	Friday 19 July & Saturday 20 July
	10	Friday 26 July & Saturday 27 July
	11	Friday 2 August & Saturday 3 August
	12	Friday 9 August & Saturday 10 August
	13	Friday 16 August & Saturday 17 August
	14	Friday 23 August ** & Saturday 24 August
Semi-final B Semi-final A	1 st vs 2 nd 3 rd vs 4 th	Saturday 31 August
Final C	Winner SF A vs Loser SF B	Saturday 7 September
Grand Final	Winner SF B vs Winner C	Saturday 14 September

**Week 15 for teams with a division of 6 – 11/1, 11/2, 12/1, 12/2, 12/3 & 13/3 play at 7pm;
13/2, 13/4, 15/1, 13/3, Cadet 3, Cadet 4 & Cadet 5 play at 8:15pm.
All NSG plays at 6pm with 11/3.*

***Presentation Night for NetSetGO medals occurs after each timeslot on Friday 23 August*

SPECIAL EVENTS

Round	Match	Special Event
1	1	
	2	Pink Sports Weekend – supporting BCNA
	3	
	4	
	5	SHOOSH for Kids – Awareness Weekend
	6	
	7	
2	8	Umpire Appreciation Weekend
	9	
	10	Crazy Hair & Sock Weekend – supporting Kids with Cancer
	11	
	12	
	13	
	14	

CLUB SERVICE ROSTER – FRIDAY NIGHTS AND SATURDAYS

On the night or day of your duty, could you please provide two (2) representatives from your Club to assist the Executive on duty.

Whilst on duty, the representatives will be asked to help with the general running of the competition. Representatives will be required to help with putting the bins out at the start of play and in the cage after the last game, refilling the toilet paper in the bathrooms, general tidying up, etc and locking the complex.

Club Roster – Friday Nights – from 5.30pm to 6.30pm

Round	Match	Date	Club
1	1	Friday 3 May	Carlingford
	2	Friday 10 May	Hornsby Lions
	3	Friday 17 May	Tangara
	4	Friday 24 May	Beecroft
	15*	Friday 24 May	No clubs needed
	5	Friday 31 May	West Pennant Hills
	6	Friday 14 June	Cherrybrook
2	7	Friday 21 June	Thornleigh
	8	Friday 28 June	Normanhurst
	9	Friday 19 July	St Agatha's
	10	Friday 26 July	Beecroft
	11	Friday 2 August	Pennant Hills
	12	Friday 9 August	Galston
	13	Friday 16 August	Carlingford
	14	Friday 23 August	Normanhurst

**Week 15 for teams with a division of 6 – 11/1, 11/2, 12/1, 12/2, 12/3 & 13/3 play at 7pm; 13/2, 13/4, 15/1, 13/3, Cadet 3, Cadet 4 & Cadet 5 play at 8:15pm. All NSG plays at 6pm with 11/3.*

Club Roster – Saturday

Round	Match	Date	8am to 12pm (2 people)	12pm to 4pm (2 people)
1	1	Saturday 4 May	Cherrybrook	Normanhurst
	2	Saturday 11 May	Thornleigh	Loreto
	3	Saturday 18 May	Carlingford	Pennant Hills
	4	Saturday 25 May	Hornsby Lions	Asquith
	5	Saturday 1 June	St Agatha's	Galston
	6	Saturday 15 June	Beecroft	Dural Warriors
	7	Saturday 22 June	Tangara	West Pennant Hills
2	8	Saturday 29 June	Pennant Hills	Cherrybrook
	9	Saturday 20 July	Galston	Carlingford
	10	Saturday 27 July	West Pennant Hills	Hornsby Lions
	11	Saturday 3 August	Normanhurst	St Agatha's
	12	Saturday 10 August	Cherrybrook	Tangara
	13	Saturday 17 August	Beecroft	Normanhurst
	14	Saturday 24 August	Loreto	Beecroft

Thank you for your continued support.